COMMUNITY Care & Wellbeing

OCT / NOV / DEC

St Kilda Cemetery
Dandenong Road, St Kilda East, Victoria 3183

Melbourne General Cemetery
College Crescent, Parkville, Victoria 3052

Brighton General Cemetery
Cnr. North and Hawthorn Roads Caulfield South, Victoria 3162

Bunurong Memorial Park
790 Frankston - Dandenong Rd, Dandenong South VIC 3175

Springvale Botanical Cemetery
Third Drive, 600 Princes Highway, Springvale VIC 3171

smct.org.au/ccw

Bookings

smct.org.au/events
Call or text: 0428 213 776
email: care@smct.org.au

---

2 FRI OCT — Springvale

Bereavement Information Session: Navigating Grief
In partnership with Grief Australia these bereavement information sessions provide a calm, welcoming environment and provide supportive guidance to help deepen understanding of grief.
Topic: Facing special days without them.
Time: 10:30am – 12:00pm. No charge.
Location: The Centre for Care and Wellbeing
Bookings required: smct.org.au/events

---

3 SAT OCT — Springvale

Grief walk
Join us for a slow, reflective walk in nature to share memories, connect with others, and feel less alone.
Time: 2:00pm – 3:30pm. No charge.
Meeting Point: Café Vita Deck
Bookings required: smct.org.au/events

---

8 THU OCT

Palliative Care South East: Walk, Talk & Connect
Peer support and meaningful conversation.
Time: 2:00pm – 3:00pm. No charge.
Location: Royal Botanic Gardens, Cranbourne
Bookings required:
Harmony.Hann@palliativecarese.org.au

---

10 SUN OCT — Bunurong

Red Nose Walk To Remember
An annual walk for families across Australia to gather to remember the babies and children loved and lost. The Melbourne walk will take place at Bunurong Memorial Park. A Red Nose event, hosted by SMCT.
Time: 10:30am. Cost involved.
Bookings required: Red Nose Melbourne Walk To Remember

---

11 SUN OCT — Brighton

Guided Tour: The Thin Blue Line
Hear stories of those buried within the walls of Brighton General Cemetery. Come and join us as we look behind the thin blue line and see the private lives of those sworn to serve and protect us.
Meeting Point: Front gate on North Rd at 2:00pm. Cost involved.
Enquiries: Lois on 9558 4248 or email info@brightoncemetorians.org

---

30 FRI OCT — Melbourne

Melbourne General Cemetery Gardening Group
A volunteer group who contribute to special gardening projects. BYO gloves and hand tools. Morning tea provided.
Time: 9:30am – 11:30am. No charge.
Location: Meet at the rotunda inside the Macpherson St gate.

COMMUNITY Care & Wellbeing

OCT / NOV / DEC

30 FRI OCT

Dia de Los Muertos

The Compassionate Friends Victoria is hosting a gathering to remember, honour and celebrate the lives of those we love. For bereaved parents, siblings and grandparents. Member only event.

Information and bookings:
compassionatefriendsvictoria.org.au

---

6 FRI NOV — Springvale

Bereavement Information Session: Navigating Grief

In partnership with Grief Australia these bereavement information sessions provide a calm, welcoming environment and provide supportive guidance to help deepen understanding of grief.

Topic: Caring for yourself while grieving.
Time: 10:30am – 12:00pm. No charge.
Location: The Centre for Care and Wellbeing
Bookings required: smct.org.au/events

---

6 FRI NOV — Brighton

Flag Commemoration

A flag tribute to the War Veterans buried in the cemetery. This is the tenth in a series of 50 graves to have a flag flying to honour their sacrifice.

Time: 9:30am for a 10:00am start.
Location: Paved area outside the office.
Enquiries: Lois on 9558 4248 or email info@brightoncemetorians.org

---

7 SAT NOV — Springvale

Grief walk

Join us for a slow, reflective walk in nature to share memories, connect with others, and feel less alone.

Time: 2:00pm – 3:30pm. No charge.
Meeting Point: Café Vita Deck
Bookings required: smct.org.au/events

---

8 SUN NOV — Springvale

Remembrance Day Service

Join the Victorian RSL Remembrance Day Service to reflect and remember the service and sacrifices of all who have served for our country.

Location: Australian War Graves
Time: Formal service commences at 1:00pm
Enquiries: care@smct.org.au

---

11 WED NOV — Springvale

War Cemetery walking tour

Join us as Historian, Dr Lisa Cooper takes us on a tour of the Springvale War Graves. We will visit headstones, learn the history, and other interesting facts.

Time: 10:30am – 12:30pm. No charge.
Bookings required: smct.org.au/events

St Kilda Cemetery
Dandenong Road, St Kilda East, Victoria 3183

Melbourne General Cemetery
College Crescent, Parkville, Victoria 3052

Brighton General Cemetery
Cnr. North and Hawthorn Roads Caulfield South, Victoria 3162

Bunurong Memorial Park
790 Frankston - Dandenong Rd, Dandenong South VIC 3175

Springvale Botanical Cemetery
Third Drive, 600 Princes Highway, Springvale VIC 3171

smct.org.au/ccw

Bookings

smct.org.au/events
Call or text: 0428 213 776
email: care@smct.org.au

COMMUNITY Care & Wellbeing

OCT / NOV / DEC

15 SUN **NOV**

Guided Tour: Remembrance Day Walk
On this walk we will be talking about the largely unknown brave men and women who served their country during various wars. We honour and remember them.
Meet at the front gate on North Rd at 2:00pm.
Cost involved.
Enquiries: Lois on 9558 4248 or email info@brightoncemetorians.org

Brighton

---

15 SUN **NOV**

Death and Regeneration: A sensory meditation and exploration of Grief
Time: 8:45am – 10:30am
Location: Meet at the north gate
Register: https://events.humanitix.com/death-and-regeneration-a-sensory-meditation-and-exploration-of-grief

Melbourne

---

17 TUE **NOV**

Palliative Care South East: Connect, Create & Belong
Christmas Card Making
Time: 10:00am – 11:30am. No charge.
Location: PCSE 80 Victor Crescent, Narre Warren
Bookings required:
Harmony.Hann@palliativecarese.org.au

---

22 SUN **NOV**

Jazz at Café Vita
Enjoy the smooth sounds of the Jennifer Salisbury Jazz Duo on the Café Vita deck.
Bring your friends, your appetite, and your love for live music.
Time: 12:00pm – 3:00pm

Springvale

---

27 FRI **NOV**

Melbourne General Cemetery Gardening Group
A volunteer group who contribute to special gardening projects. BYO gloves and hand tools. Morning tea provided.
Time: 9:30am – 11:30am. No charge.
Location: Meet at the rotunda inside the Macpherson St gate.

Melbourne

---

29 SUN **NOV**

Guided Tour: Publicans
Meet at the Dandenong Road pavilion at 1:45pm. Cost involved. Bookings essential.
Enquiries and bookings: Geoff on 0448 740 195 or email foskcorg@gmail.com

St Kilda

St Kilda Cemetery
Dandenong Road, St Kilda East, Victoria 3183

Melbourne General Cemetery
College Crescent, Parkville, Victoria 3052

Brighton General Cemetery
Cnr. North and Hawthorn Roads Caulfield South, Victoria 3162

Bunurong Memorial Park
790 Frankston - Dandenong Rd, Dandenong South VIC 3175

Springvale Botanical Cemetery
Third Drive, 600 Princes Highway, Springvale VIC 3171

smct.org.au/ccw

Bookings
smct.org.au/events
Call or text: 0428 213 776
email: care@smct.org.au

COMMUNITY Care & Wellbeing

OCT / NOV / DEC

St Kilda Cemetery
Dandenong Road, St Kilda East, Victoria 3183

Melbourne General Cemetery
College Crescent, Parkville, Victoria 3052

Brighton General Cemetery
Cnr. North and Hawthorn Roads Caulfield South, Victoria 3162

Bunurong Memorial Park
790 Frankston - Dandenong Rd, Dandenong South VIC 3175

Springvale Botanical Cemetery
Third Drive, 600 Princes Highway, Springvale VIC 3171

smct.org.au/ccw

Bookings

smct.org.au/events
Call or text: 0428 213 776
email: care@smct.org.au

4 FRI DEC — Springvale

Bereavement Information Session: Navigating Grief

In partnership with Grief Australia these sessions provide a calm, welcoming environment and provide supportive guidance to help deepen understanding of grief.

Topic: Supporting someone through grief.
Time: 10:30am – 12:00pm. No charge.
Location: The Centre for Care and Wellbeing
Bookings required: smct.org.au/events

---

5 SAT DEC — Springvale

Grief walk

Join us for a slow, reflective walk in nature to share memories, connect with others, and feel less alone.

Time: 2:00pm – 3:30pm. No charge.
Meeting Point: Café Vita Deck
Bookings required: smct.org.au/events

---

6 SUN DEC — Bunurong

Children's Remembrance Service

This special community event is an opportunity to gather in honouring and remembering children who are no longer with us.

Time: 5:00pm
Location: Stratus Reflection Space
Bookings open soon: smct.org.au/events

---

10 THU DEC

Palliative Care South East: Walk, Talk & Connect

Peer support and meaningful conversation.
Time: 2:00pm – 3:00pm. No charge.
Location: Lysterfield Park, Lysterfield
Bookings required:
Harmony.Hann@palliativecarese.org.au

---

13 SUN DEC — Springvale

Jazz at Café Vita

Enjoy the smooth sounds of the Jennifer Salisbury Jazz Duo on the Café Vita deck.
Bring your friends, your appetite, and your love for live music.

Time: 12:00pm – 3:00pm

---

13 SUN DEC

Worldwide Candle Lighting Service

The Compassionate Friends Victoria is hosting a special evening of remembrance to honour the lives and memories of our children, siblings and grandchildren. The Worldwide Candle Lighting is the largest mass candle-lighting event in the world.

Information and bookings:
compassionatefriendsvictoria.org.au